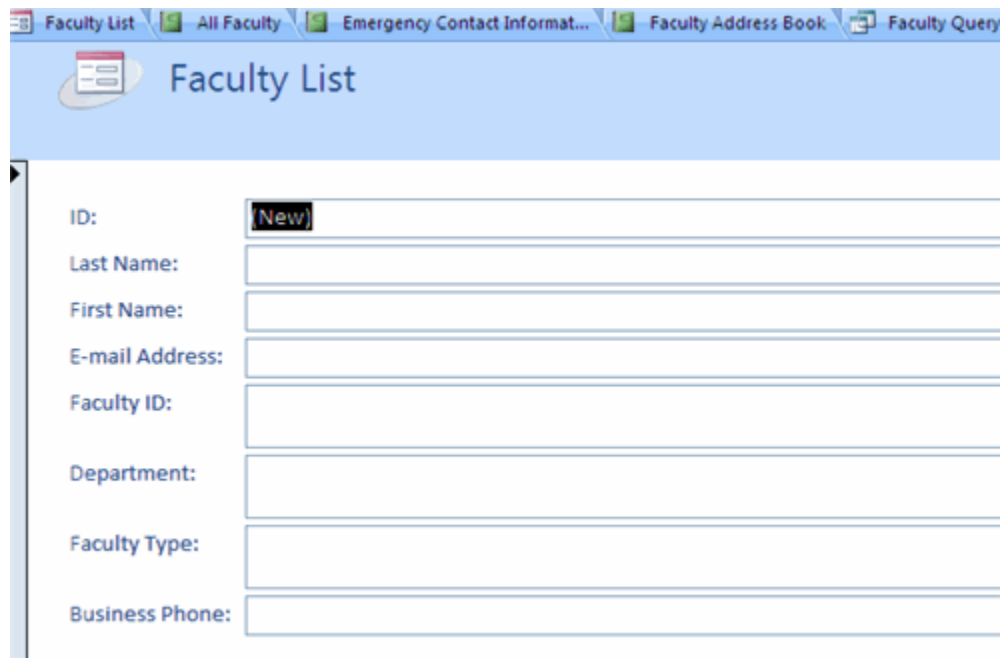# Form

A form is a graphical interface that is used to display and edit data. Forms can be developed from a table or a query. Forms can include calculations, graphics and objects.

To view data using a form:

- Click the **arrow** to open the navigation pane
- Double-click on the form name